

DESTINATION

JR DE PROVENCE

Starting point : Access from Lauris, go towards Roquefraîche and the Recaute junction Where to park : Recaute pump station

Waymarking : Yellow

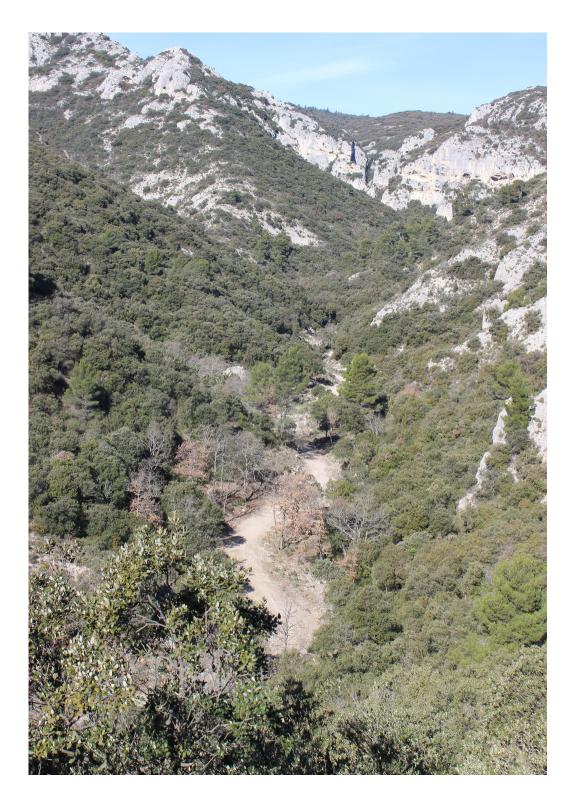
Height difference : 184 m

Type:Loop **Time**:2h

Description

Once you reach a small square under a large oak tree next to the Mas de Recaute, follow the path with yellow waymarkings on the left for 2 km, until you reach point 3. In spring, the area is alive with birdsong. A forest of deciduous and coniferous trees opens the way to the Vallon de Recaute.

The Combe de Recaute has a wide stony track bordered by numerous Aleppo pines and holm oaks. On the right a little further on, you can see a borie (dry-stone house) in the valley, which was used in the past as a shelter by shepherds and farmers, and to store farming equipment.



As you go further down the valley, the density of the vegetation changes, and gives way to scrubland, full of rosemary, thyme and typical Mediterranean shrubs. In this scrubland, look out for the path on the right that leads to the top of a small hill. Starting from point No. 3, the path is still waymarked in yellow. A steep climb of 100 metres takes you the ridge, at 393 metres, with a fine view of the limestone cliffs of the Petit Luberon, "the kingdom of birds of prey" like Bonelli's eagles, golden eagles and ravens. Before starting the descent, look for a well-formed path that runs due east. The Combe de Recaute is behind you, and the Combe du Sautadou is down to the right.

The trail winds up the hill and then down to the Combe du Sautadou on a steep, narrow path that is slippery in places.

You join the track and turn right to return to the Recaute car park, going towards Lauris.



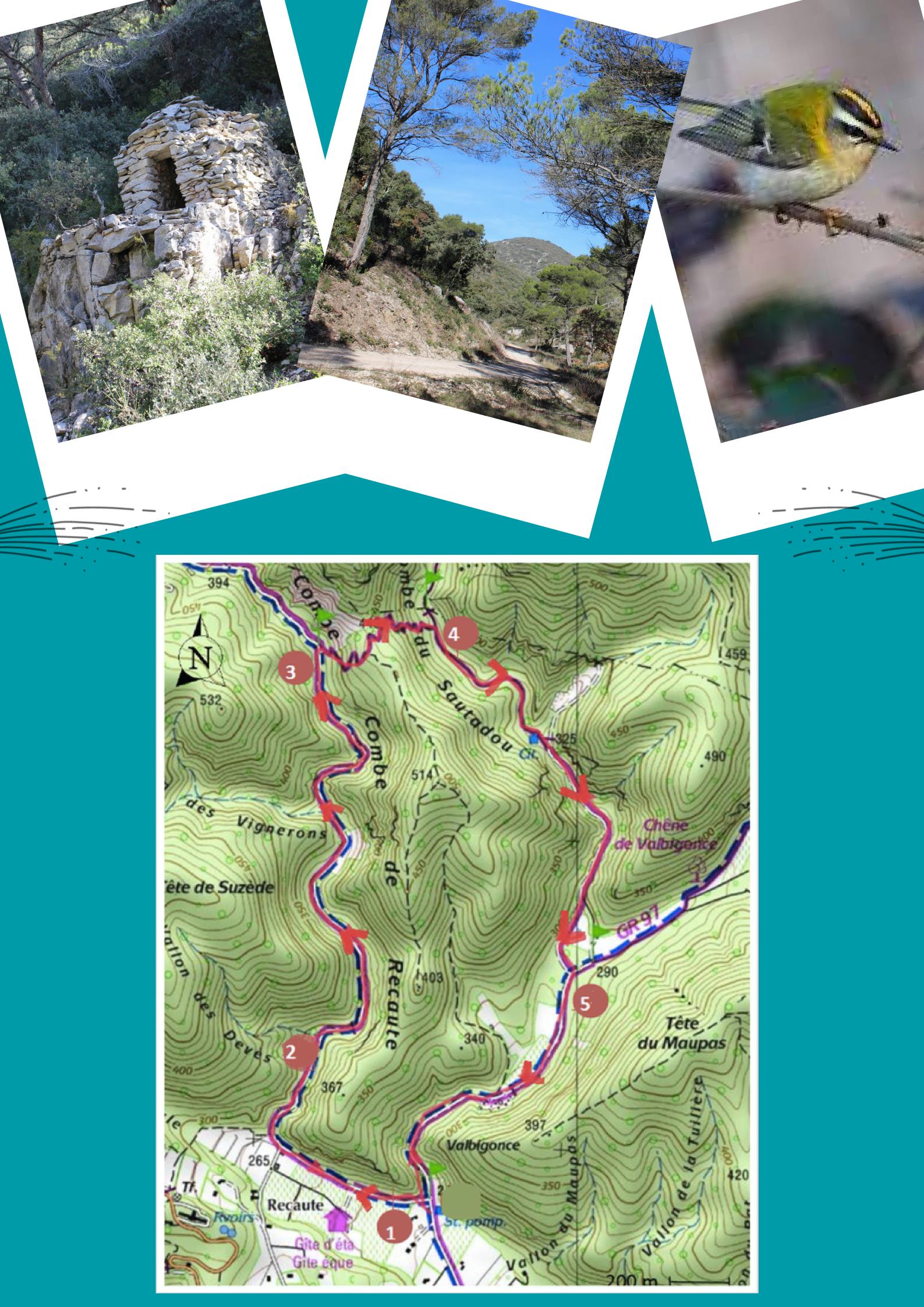
Points of interest

A beautiful Mediterranean forest. A fine view of the Petit Luberon cliffs, where eagles and passerine birds can be found. A south-facing view over the Basse Vallée de Durance..

Before leaving :

-In summer, check the risk of bush fire and the opening of the trails by calling 00 33 (0)4 28 31 77 11 or the Tourist Office.

- Take plenty of water and a hat.
- Wear comfortable walking shoes.



The hiker's charter





Treat protected areas with respect. In France, many outstanding natural sites (national parks, nature reserves, etc.) are protected by regulations.



Don't throw away rubbish; bring it back with you. Nature will be all the better for it!

Stay on the waymarked paths.



Respect the trees, admire the plants and observe the animals, but don't mutilate or cut plants or disturb wildlife, and be careful during nesting periods.



Comply with regulations: do not enter the massifs in vehicles off the roads open to public traffic.



Do not make fires. Fire is a danger for hikers and nature. Do not go into the forest in drought periods or in strong



Respect winegrowers and farmers, and do not pick their products.



Follow instructions, and if you see a fire, call 18 or 112.







DESTINATION DUBBERONN COEUR DE PROVENCE

Find other walks in Destination Luberon Coeur de Provence on <u>www.luberoncoeurdeprovence.com</u>

Destination Luberon Coeur de

Provence Tourist Office

Head office in Cavaillon Place François Tourel / BP 70027 84301 Cavaillon Cedex 00 33 (0)4 90 71 32 01 contact@luberoncoeurdeprovence.com

Information points Gordes : Le Château / 00 33 (0)4 90 72 02 75 Lourmarin : Place H. Barthélémy / 00 33 (0)4 90 68 10 77